

CF CUPS Program

The CF Connect Up Program aims to connect children living with CF with their peers who have a similar hobby or passion. This program will assist children living with CF to attend a camp of their choice, where they can connect with others and in a fun and exciting environment.

Here are some examples of camps and activities available across Victoria and New South Wales (these are provided as examples only; they are not endorsed by CFCC).

To apply, visit

https://forms.office.com/pages/responsepage.aspx?id=rk4BRM7PRkKjQJ6JFvZiYzBvgJsrBNZJu3aNDmu_FVFUMIVOQURLUURSQUHQ0xNSjU4TFc1RkxBWS4u

Contact our team at support@cfcc.org.au or phone 1300 023 222 if you have any questions.

	Name of Camp	Location	Timeframe of Camp (day or overnight)	Activity Type	Age group	Cost	Website address
Outdoor and adventure activities	Australian Camps Association	Vic and NSW	Three days to a week	Many activity options horse riding, water, hiking social	10-15yrs	\$550- \$950	Holiday Camps (auscamps.asn.au)
	YMCA	Vic/NSW	Day programs	Variety of sports	5-12yrs	Varied	https://childrensprogramms.ymca.org.au/school-holiday-programs
	School Holiday Programs	Vic and NSW	3-5 day camps	Variety of camps/locations	8-18yrs	Varied	School Holiday Camps – School Holiday Programs
	Kianinny School Holiday Program	NSW	Day program(9 am-330pm)	Variety of events outdoors on 100 acre property. Zipline, paddling.	6-12yrs	\$85	https://kianinny.com.au/school-holiday-program/
	CRU Holiday Camps	NSW	Day to week long programs,	Christian focused camp Summer and Winter events. Day/week options.	8-18yrs	\$50 for day events, weeklong starting from \$70	https://crucamps.com.au/camps/?function=filter&location=horizontal&type=activity+camp&years=

	Camp Blue	NSW and VIC	Day camp in VIC, 2-7 day camp in NSW	Various outdoor/ indoor events	7-14yrs	\$115-\$668	https://campblue.com.au/
Sport	Skateboard Holiday Clinics	Sydney NSW	1-8 sessions	skateboarding	5-13yrs	\$35 per session	https://skate-now.com.au/
	Sports-Management Worldwide	NSW	Day /overnight	BMX and Biking	5-17yrs	\$135-\$215	https://www.sm-worldwide.com/australia-camps
	Michael Mills Tennis Clinic	Newcastle NSW	1-3 day	Tennis	4yrs +	\$75 per day	https://www.michaelmillstennis.com.au/tennis-classes/holiday-clinics/
	The Forum Sports Holiday programme	Newcastle NSW	1-8 days	Sport/swimming	6-12yrs	\$60 per day	https://www.theforum.org.au/sport-holiday-programs/
	Central coast Surf Academy	Central coast NSW	½ -1 day	Surfing	7-15yrs	\$150 per day	https://centralcoastsurfacademy.com/programs/surf-camps/
	Ready Set Go Kids	NSW & VIC	1 day a week for 10 weeks	Tennis/AFL/soccer, basketball etc	1.5-6 yrs old	\$18.40 per class	https://www.readysteadygokids.com.au/
	The Harbour Tennis Academy	Coffs Harbour NSW	½ - 1 day 4 day 4- ½ day	Tennis	4-14yrs	\$150 - 4 days \$110 for 4 ½ days 1 day - 45 ½ day - 40	https://play.tennis.com.au/harbourtennisacademy
Gaming and technology	Code Camp	Vic and NSW	2-3 days	coding	5-13yrs	2 day camp- \$270 2 day camp \$370-\$390	https://www.codecamp.com.au
	Game Aware	VIC	3 days	Helping families take gaming from habit to health hobby.	12-25yrs	\$495	https://www.gameaware.com.au/holidayprograms
	Junior Engineers	Vic and NSW	2 days	Online /and In person camp that inspires your child's love of STEM	5-14yrs	\$280	Winter Holiday STEM Camps for Kids Aged 5-13 (inrengineers.com.au)

	Bricks4Kidz	NSW	One to Three day workshop	Education and Science	5-11yrs	Price dependant on location	https://www.bricks4kidz.com.au/sydney-inner-west/
	Futurevetkidz	NSW	5 day for in person, 14 days virtual	Kid's Veterinary interest centred camp. Virtual option available	9-16yrs	\$665 for in person, \$225 for virtual	https://www.futurevetkidscamp.com/
	Tinkertank	NSW	Day to overnight	Science and Engineering	5-15yrs	\$45-\$450	https://tinkertank.rocks/home
Arts	Australian School of Performing Arts – Take the Stage holiday program	Port Melbourne	1 day ½ day sessions	Creative activities	5-12yrs	\$95 per day	https://www.artea.com.au/holiday-program/
	Sydney Voice Studio	NSW	30 minutes to 1 hour lessons	Singing	8-15yrs	\$55-\$115	https://www.sydneyvoicestudio.com.au/singing-lessons-for-high-school-hsc
	School of Rock	NSW	3-4 days	Music	4-18yrs	varies by location	https://www.schoolofrock.com/music-camps
	Artspark studio	NSW	afterschool day events	Arts	5-16yrs	\$77-143 per day	https://www.artspark-studio.com.au/
	The Creative Word shop	Newcastle NSW	1-4 days	Creative Writing workshops	7-15yrs	\$85 per day	https://www.creativewordshop.com.au/kids-workshops/
	Hog Watts School Holiday programme	Newcastle NSW	1-4 days	Harry Potter book series- creative activities	Primary school (k-yr6)	\$135 per day	https://www.48wattstreet.com.au/event-details/hog-watts-school-2023-07-10-09-00
	Hive Kids Art workshops	Newcastle NSW	1-8 days	Art/Drama/Musical theatre	4-16yrs	\$110 per day	https://hivekids.com.au/book-workshops/

	The Authentic child School Holiday Program	Newcastle NSW	1-8 days	Drama/Music/Art/therapy workshop	School-age	\$52 a day	https://theauthenticchild.com.au/school-holidays/
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